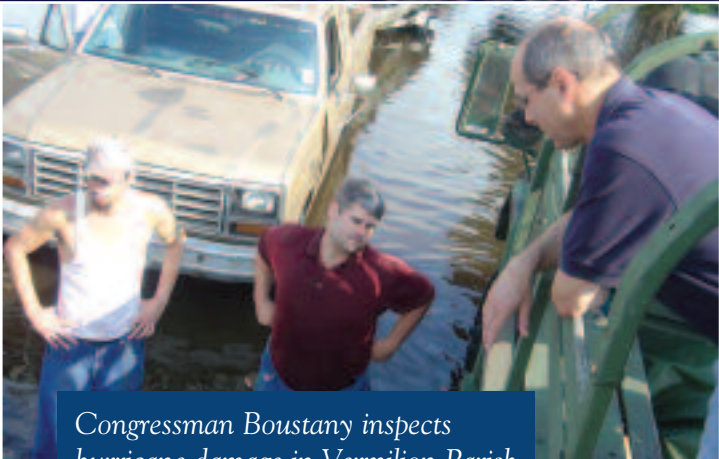


# Congressman Boustany urges you to plan ahead



Congressman Boustany inspects hurricane damage in Vermilion Parish

## Create a Disaster Plan

- Discuss the types of hazards that could affect your family, including your home's vulnerability to storm surge, flooding, and wind.
- Locate a safe room in your home, or a safe area in your community.
- Determine escape routes from your home and places to meet.
- Have an out-of-state friend or family member as a contact, so everyone has a single point of contact.
- Make a plan for your pets, should you need to evacuate.
- Stock non-perishable emergency supplies and a disaster supply kit.
- Take a First Aid, CPR, or disaster preparedness class.

### Important emergency contact numbers

#### Local emergency preparedness numbers

Acadia – (337) 783-4357  
Calcasieu – (337) 721-3800  
Cameron – (337) 775-7770  
Evangeline – (337) 363-3345  
Jefferson Davis – (337) 821-2100  
Lafayette – (337) 291-5075  
St. Landry – (337) 948-7177  
Vermilion – (337) 898-4308

#### Other Important Emergency Numbers

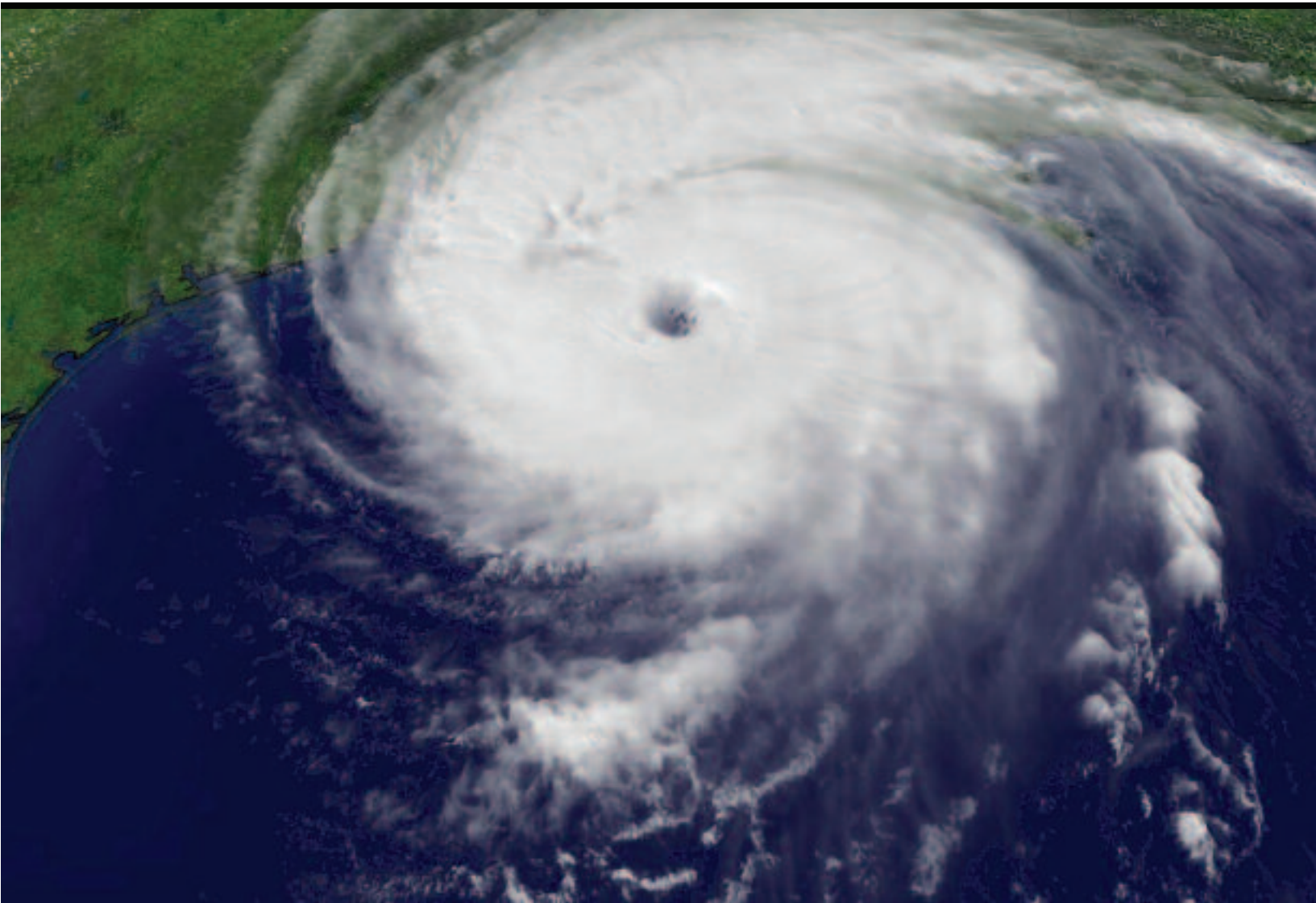
Federal Emergency Management Agency 1-800-621-3362	Louisiana Department of Insurance 1-800-259-5300
Emergency Housing Programs 1-800-414-1226	Louisiana Attorney General's Price Gouging Hotline 1-800-488-2770
Public Housing Programs 1-800-955-2232	Animal Rescue Command Center 225-925-3980
U.S. Mail Services 1-800-275-8777	Banking Issues 1-877-275-3342
Social Security Administration 1-800-772-1213	National Flood Insurance Plan 888-377-9531
Medicare and Medicaid Issues 1-800-633-4227	Louisiana State Police 225-754-8500
Small Business Administration Individual: 1-800-621-3362 Business: 1-800-659-2955	

#### Local American Red Cross Chapters

Acadiana Area Chapter, Lafayette  
337-234-7371  
  
Southwest Louisiana, Lake Charles  
337-478-5122

# Preparing your family for the 2006 hurricane season

A important message from Congressman Charles Boustany



This mailing was prepared, published and mailed at taxpayer expense.  
The cost of producing, preparing and printing this piece is less than a postage stamp.



Congress of the United States  
House of Representatives  
Washington, DC 20515  
Official Business

*Charles Boustany*  
M.C.  
PRSRT STD

  
Congressman Charles Boustany, Jr., MD

Dear Friends,

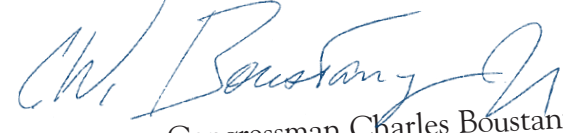
While Southwest Louisiana continues to recover and rebuild from Hurricane Rita, we must be prepared for an active 2006 hurricane season. Rita has demonstrated that the effects of a natural disaster can be reduced if you are aware of the steps you should take before, during, and after a natural disaster.

It is critically important to plan how you and your family will react to an approaching storm.

The two most important things you can do for your family are to be informed and prepared. One decision you may have to make is whether or not to evacuate. If you decide to evacuate, you should do so without delay. If you decide not to evacuate, it's important for you and your family to have a plan that makes you as safe as possible in your home. If a mandatory evacuation is ordered for your area, you should be ready to leave immediately.

Advance preparation is the key for staying safe during this upcoming hurricane season. Please go over the emergency check lists and emergency phone numbers with your family so you are prepared if another storm hits our community this year.

Sincerely,

  
Congressman Charles Boustany, Jr., MD

*Congressman Boustany has three offices to serve you.*

Washington, DC Office

1117 Longworth House  
Office Building  
Washington, DC 20515-1807  
Phone: (202) 225-2031

Lake Charles Office

700 Ryan Street  
Lake Charles, LA 70601  
Phone: (337) 433-1747

Lafayette Office

800 Lafayette Street  
Suite 1400  
Lafayette, LA 70501  
Phone: (337) 235-6322

*Charles Boustany discusses hurricane relief efforts with volunteers.*

# Hurricane Supply List

The biggest lesson of the disastrous 2005 hurricane season was that citizens need to have enough supplies to survive for at least three days after a hurricane hits. Congressman Boustany is providing you with this valuable checklist so you can make sure your family is prepared in case another storm hits our community.

## Food and Drink

- ☐ Drinking water: 1 gallon per person per day
- ☐ Non-potable water for hygienic use only
- ☐ Propane gas for barbecue grill

- ☐ 2 coolers for food and ice
- ☐ Manual can opener

## Two weeks' supply of the following:

- ☐ Nonperishable foods
- ☐ Plastic tableware and cups
- ☐ Plastic wrap and plastic trash bags

- ☐ Toilet paper and paper towels
- ☐ Wet wipes
- ☐ Fuel for folding stoves

## Health and Safety

- ☐ Flashlights and batteries
- ☐ Liquid soap and hand sanitizer
- ☐ Water purification kit
- ☐ 2-week supply of prescription drugs

- ☐ Fire extinguisher
- ☐ Extra eyeglasses and sunglasses
- ☐ Insect repellent
- ☐ Sunscreen

## Infant Necessities:

- ☐ Infant medicine
- ☐ Diapers

- ☐ Baby formula
- ☐ Bottles

## First-Aid Kit including:

- ☐ Bandages
- ☐ Antiseptic
- ☐ Tape
- ☐ Compresses

- ☐ Pain relievers
- ☐ Anti-diarrhea medicine
- ☐ Antacid
- ☐ Medicine for common illnesses

## Miscellaneous

- ☐ Cleaning supplies: mop, buckets, towels, disinfectant, bleach
- ☐ Camera/camcorder: record property before storm & document damage afterwards
- ☐ Extra batteries
- ☐ Tire repair kit
- ☐ Battery operated radio or television
- ☐ Whistle

- ☐ Work gloves
- ☐ Full gas tank
- ☐ Appropriate clothes for post-storm: hat, closed-toe shoes, dry socks, rain gear
- ☐ Food and water for pets
- ☐ Cash: ATMs and credit card networks may be disabled
- ☐ Personal documents: birth certificates, insurance papers, medical and school records

## If you evacuate

- ☐ Pillows, blankets & sleeping bags or air mattresses: shelters do not provide these
- ☐ Folding chairs or cots
- ☐ Extra clothing and shoes
- ☐ Personal hygiene items: toothbrush, washcloth, deodorant, soap, shampoo

- ☐ Food, water and ice
- ☐ Prescription medications in original containers
- ☐ Books
- ☐ Handheld games
- ☐ Toys
- ☐ Cash